



Sophia

by
Nigel Cooper

A story of love, loss, and mania

Sometimes your state-of-mind has a dark side...

SOPHIA: 22-YEAR OLD CONCERT CELLIST, SOON TO BE ENGAGED, A PERFECT BOYFRIEND, A PERFECT FAMILY, A PERFECT LIFE

But Sophia's picture-perfect life is about to take a drastic turn for the worse. After the tragic untimely death of her beloved boyfriend, Spencer, something happens to her – something dark.

After a period of post-traumatic stress, Sophia develops a severe personality disorder. Gone is the gracious upper middle class girl. In her place stands a dysfunctional young woman on a frenetic path of self-destruction and mayhem.

Sophia's world starts to fall apart. Something dark has got a grip on her mind and it refuses to let go. Her psychologist has never seen a case like quite like it and is at a total loss.

Sophia has recoiled into a dark and dangerous place in her mind, but now it's spilling out into the real world with a vengeance. She proceeds to tear her family apart, alienate her friends and destroy her career; soon there will be nothing left.

Can her new best friend, Delphine, save her before it's too late?

Sophia is the gripping new psychological thriller from Nigel Cooper. It will leave you breathless!

About the Author

Nigel Cooper studied screenwriting in London, where he learned the art of creative writing for film and television. In 2004 he founded and edited a specialist British TV/broadcast magazine, which he sold in November 2011 to pursue a career as an author of fiction. He currently lives and writes in Cambridgeshire, UK.

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Word count: 107,202

Paperback price: £7.99

Kindle price: £2.90

ISBN (paperback): 9780957330733

ASIN (kindle): B00HSSJ4RM

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Review extract

"Sophia is a powerful and moving tale that has, at its heart, one of the most compelling characters I've ever read. Sophia's journey is brilliantly written, with a host of memorable supporting characters, leading to a devastating and unpredictable conclusion. This book will stay with you long after you've finished it."

Amy Cross - International best selling author